



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Rimbach, Frank

Number: 324

Course: 20.00 km

20km Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:47:49

Speed: 11.13 km/h

Running performance: 5:23 min/km

Rank in course/Total: 240 (of 528)

Rank in course/Men: 216 (of 390)

Best time in course: 1:09:23

Rank in category: 22(of 45)

Best time in the category: 1:17:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	55:26	5:32	23	15:35	228	19:55	10.00	55:26	5:32	23	15:35	228	19:55
Last lap Finish	10.00	52:23	5:14	22	14:19	212	18:31	20.00	1:47:49	5:23	22	29:54	216	38:26