



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Hellmuthhäuser, Thomas

Club: Laufclub Rudolstadt e.V.

Number: 522

Course: 20.00 km

20km Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:48:03

Speed: 11.11 km/h

Running performance: 5:24 min/km

Rank in course/Total: 246 (of 528)

Rank in course/Men: 222 (of 390)

Best time in course: 1:09:23

Rank in category: 23(of 45)

Best time in the category: 1:17:55

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.00	56:35	5:39	25	16:44	249	21:04	10.00	56:35	5:39	25	16:44	249	21:04
Last lap Finish	10.00	51:28	5:08	21	13:24	197	17:36	20.00	1:48:03	5:24	23	30:08	222	38:40