



27. Rennsteig Herbstlauf
Masserberg / 01.10.2017

Detailed evaluation

Aue, Hans-Helmut

Club: ND Lauf-Team
Number: 10038

Course: 10.00 km
10km Strecke

Category:
Senioren M70 (70-74 Jahre)

Total time: 1:17:34

Speed: 7.74 km/h
Running performance: 7:46 min/km

Rank in course/Total: 188 (of 216)

Rank in course/Men: 116 (of 128)

Best time in course: 37:03

Rank in category: 3(of 4)

Best time in the category: 53:06