



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Knüpper, Jonas

Number: 454

Course: 20.00 km

20km Strecke

Category:

Männer (20-29 Jahre)

Total time: 1:41:53

Speed: 11.78 km/h

Running performance: 5:05 min/km

Rank in course/Total: 169 (of 528)

Rank in course/Men: 159 (of 390)

Best time in course: 1:09:23

Rank in category: 26(of 38)

Best time in the category: 1:09:23

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.00	53:19	5:19	27	17:48	189	17:48	10.00	53:19	5:19	27	17:48	189	17:48
Last lap Finish	10.00	48:34	4:51	21	14:42	135	14:42	20.00	1:41:53	5:05	26	32:30	159	32:30