



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Banz, Heiko

Total time: 1:50:44

Number: 20

Speed: 10.84 km/h

Running performance: 5:32 min/km

Course: 20.00 km

Rank in course/Total: 280 (of 528)

20km Strecke

Rank in course/Men: 244 (of 390)

Best time in course: 1:09:23

Category:

Rank in category: 37(of 65)

Senioren M45 (45-49 Jahre)

Best time in the category: 1:10:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	10.00	56:37	5:39	41	20:12	250	21:06	10.00	56:37	5:39	41	20:12	250	21:06
Last lap Finish	10.00	54:07	5:24	35	19:51	239	20:15	20.00	1:50:44	5:32	37	40:03	244	41:21