



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Merker, Lars

Club: Team Merker

Number: 292

Course: 20.00 km

20km Strecke

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:49:45

Speed: 10.93 km/h

Running performance: 5:29 min/km

Rank in course/Total: 265 (of 528)

Rank in course/Men: 234 (of 390)

Best time in course: 1:09:23

Rank in category: 49(of 60)

Best time in the category: 1:13:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	57:00	5:42	51	19:53	259	21:29	10.00	57:00	5:42	51	19:53	259	21:29
Last lap Finish	10.00	52:45	5:16	44	16:38	219	18:53	20.00	1:49:45	5:29	49	36:31	234	40:22