



# 27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

## Detailed evaluation

### Freitag, Norman

Club: Connected Runners

Number: 385

Course: 20.00 km

20km Strecke

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:52:28

Speed: 10.67 km/h

Running performance: 5:37 min/km

Rank in course/Total: 301 (of 528)

Rank in course/Men: 259 (of 390)

Best time in course: 1:09:23

Rank in category: 34(of 51)

Best time in the category: 1:20:57

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	57:44	5:46	34	16:22	276	22:13	10.00	57:44	5:46	34	16:22	276	22:13
Last lap Finish	10.00	54:44	5:28	35	15:09	254	20:52	20.00	1:52:28	5:37	34	31:31	259	43:05