



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Lohrmann, Ralf

Total time: 1:49:51

Number: 235

Speed: 10.92 km/h

Running performance: 5:29 min/km

Course: 20.00 km

Rank in course/Total: 266 (of 528)

20km Strecke

Rank in course/Men: 235 (of 390)

Best time in course: 1:09:23

Category:

Rank in category: 47(of 71)

Senioren M35 (35-39 Jahre)

Best time in the category: 1:19:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	10.00	57:17	5:43	54	16:39	267	21:46	10.00	57:17	5:43	54	16:39	267	21:46
Last lap Finish	10.00	52:34	5:15	43	13:28	215	18:42	20.00	1:49:51	5:29	47	30:07	235	40:28