



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Recknagel, Ria

Club: Eintracht Altersbach

Number: 344

Course: 20.00 km

20km Strecke

Category:

Seniorinnen W65 (65-69 Jahre)

Total time: 1:54:02

Speed: 10.52 km/h

Running performance: 5:42 min/km

Rank in course/Total: 323 (of 528)

Rank in course/Women: 48 (of 138)

Best time in course: 1:23:29

Rank in category: 1(of 1)

Best time in the category: 1:54:02

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	10.00	58:35	5:51	1	-	56	15:16	10.00	58:35	5:51	1	-	56	15:16
Last lap Finish	10.00	55:27	5:32	1	-	46	15:17	20.00	1:54:02	5:42	1	-	48	30:33