



# 27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

## Detailed evaluation

### Holesch, Uwe-Jens

Club: SG LVB Leipzig

Number: 518

Course: 20.00 km

20km Strecke

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:54:50

Speed: 10.45 km/h

Running performance: 5:44 min/km

Rank in course/Total: 338 (of 528)

Rank in course/Men: 284 (of 390)

Best time in course: 1:09:23

Rank in category: 18(of 27)

Best time in the category: 1:30:14

### Intermediate times

### Stage score

### Total ranking

| Control         | Split<br>km | Split<br>Time | Split<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Stage score |               | Total ranking |               |                 |             |                |            |               |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
|                 |             |               |                 |             |                | Pos<br>Men  | Behind<br>Men | Total<br>km   | Total<br>Time | Total<br>min/km | Pos<br>Cat. | Behind<br>Cat. | Pos<br>Men | Behind<br>Men |
| Lap 1           | 10.00       | 58:43         | 5:52            | 18          | 12:43          | 295         | 23:12         | 10.00         | 58:43         | 5:52            | 18          | 12:43          | 295        | 23:12         |
| Last lap Finish | 10.00       | 56:07         | 5:36            | 17          | 11:53          | 274         | 22:15         | 20.00         | 1:54:50       | 5:44            | 18          | 24:36          | 284        | 45:27         |