



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Holesch, Uwe-Jens

Club: SG LVB Leipzig

Number: 518

Course: 20.00 km

20km Strecke

Category:

Senioren M55 (55-59 Jahre)

Total time: 1:54:50

Speed: 10.45 km/h

Running performance: 5:44 min/km

Rank in course/Total: 338 (of 528)

Rank in course/Men: 284 (of 390)

Best time in course: 1:09:23

Rank in category: 18(of 27)

Best time in the category: 1:30:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	58:43	5:52	18	12:43	295	23:12	10.00	58:43	5:52	18	12:43	295	23:12
Last lap Finish	10.00	56:07	5:36	17	11:53	274	22:15	20.00	1:54:50	5:44	18	24:36	284	45:27