



27. Rennsteig Herbstlauf
 Masserberg / 01.10.2017

Detailed evaluation

Fritzschnier, Helge

Club: Laufftreff Breitungen
 Number: 386

Course: 20.00 km
 20km Strecke

Category:
 Senioren M45 (45-49 Jahre)

Total time: 1:53:53

Speed: 10.54 km/h
 Running performance: 5:41 min/km

Rank in course/Total: 320 (of 528)

Rank in course/Men: 274 (of 390)

Best time in course: 1:09:23

Rank in category: 43(of 65)

Best time in the category: 1:10:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	58:13	5:49	44	21:48	283	22:42	10.00	58:13	5:49	44	21:48	283	22:42
Last lap Finish	10.00	55:40	5:33	41	21:24	270	21:48	20.00	1:53:53	5:41	43	43:12	274	44:30