



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Krieg, Sebastian

Club: WSV Schmiedefeld

Number: 84

Course: 20.00 km

20km Strecke

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:51:48

Speed: 10.73 km/h

Running performance: 5:35 min/km

Rank in course/Total: 294 (of 528)

Rank in course/Men: 253 (of 390)

Best time in course: 1:09:23

Rank in category: 51(of 60)

Best time in the category: 1:13:14

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.00	53:28	5:20	41	16:21	192	17:57	10.00	53:28	5:20	41	16:21	192	17:57
Last lap Finish	10.00	58:20	5:50	58	22:13	311	24:28	20.00	1:51:48	5:35	51	38:34	253	42:25