



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Lehmann, Ralf

Total time: 1:54:50

Number: 414

Speed: 10.45 km/h

Running performance: 5:44 min/km

Course: 20.00 km

Rank in course/Total: 339 (of 528)

20km Strecke

Rank in course/Men: 284 (of 390)

Best time in course: 1:09:23

Category:

Rank in category: 53(of 71)

Senioren M35 (35-39 Jahre)

Best time in the category: 1:19:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	10.00	59:12	5:55	55	18:34	298	23:41	10.00	59:12	5:55	55	18:34	298	23:41
Last lap Finish	10.00	55:38	5:33	55	16:32	267	21:46	20.00	1:54:50	5:44	53	35:06	284	45:27