



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Lauterbach, Erik

Club: CrottendorferZiengba

Number: 305

Course: 20.00 km

20km Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 1:55:11

Speed: 10.42 km/h

Running performance: 5:46 min/km

Rank in course/Total: 344 (of 528)

Rank in course/Men: 290 (of 390)

Best time in course: 1:09:23

Rank in category: 32(of 45)

Best time in the category: 1:17:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	58:44	5:52	31	18:53	296	23:13	10.00	58:44	5:52	31	18:53	296	23:13
Last lap Finish	10.00	56:27	5:38	30	18:23	280	22:35	20.00	1:55:11	5:45	32	37:16	290	45:48