



# 27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

## Detailed evaluation

**Heinze, Thomas**

Club: run4fun

Number: 179

Course: 20.00 km

20km Strecke

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:54:32

Speed: 10.48 km/h

Running performance: 5:44 min/km

Rank in course/Total: 334 (of 528)

Rank in course/Men: 282 (of 390)

Best time in course: 1:09:23

Rank in category: 36(of 51)

Best time in the category: 1:20:57

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	58:22	5:50	38	17:00	288	22:51	10.00	58:22	5:50	38	17:00	288	22:51
Last lap Finish	10.00	56:10	5:36	36	16:35	275	22:18	20.00	1:54:32	5:43	36	33:35	282	45:09