



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Werner, Alexander

Club: Haseltalläufer

Number: 222

Course: 20.00 km

20km Strecke

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:52:01

Speed: 10.71 km/h

Running performance: 5:36 min/km

Rank in course/Total: 297 (of 528)

Rank in course/Men: 255 (of 390)

Best time in course: 1:09:23

Rank in category: 32(of 51)

Best time in the category: 1:20:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	57:31	5:45	33	16:09	274	22:00	10.00	57:31	5:45	33	16:09	274	22:00
Last lap Finish	10.00	54:30	5:27	33	14:55	246	20:38	20.00	1:52:01	5:36	32	31:04	255	42:38