



# 27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

## Detailed evaluation

**Lenz, Florian**

Club: SC Rapid Erfurt E.V

Number: 204

Course: 20.00 km

20km Strecke

Category:

Senioren M35 (35-39 Jahre)

**Total time: 1:55:11**

Speed: 10.42 km/h

Running performance: 5:46 min/km

Rank in course/Total: 345 (of 528)

Rank in course/Men: 290 (of 390)

Best time in course: 1:09:23

Rank in category: 54(of 71)

Best time in the category: 1:19:44

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	59:42	5:58	57	19:04	308	24:11	10.00	59:42	5:58	57	19:04	308	24:11
Last lap Finish	10.00	55:29	5:32	54	16:23	264	21:37	20.00	1:55:11	5:45	54	35:27	290	45:48