



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Zitzmann, Nico

Number: 86

Course: 20.00 km

20km Strecke

Category:

Männer (20-29 Jahre)

Total time: 1:56:03

Speed: 10.34 km/h

Running performance: 5:48 min/km

Rank in course/Total: 357 (of 528)

Rank in course/Men: 299 (of 390)

Best time in course: 1:09:23

Rank in category: 33(of 38)

Best time in the category: 1:09:23

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.00	59:33	5:57	35	24:02	303	24:02	10.00	59:33	5:57	35	24:02	303	24:02
Last lap Finish	10.00	56:30	5:39	31	22:38	281	22:38	20.00	1:56:03	5:48	33	46:40	299	46:40