



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Michler, Silke

Club: TV 1904 Lützelbuch

Number: 85

Course: 20.00 km

20km Strecke

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:51:32

Speed: 10.76 km/h

Running performance: 5:35 min/km

Rank in course/Total: 289 (of 528)

Rank in course/Women: 40 (of 138)

Best time in course: 1:23:29

Rank in category: 7(of 30)

Best time in the category: 1:35:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	10.00	56:34	5:39	6	7:08	33	13:15	10.00	56:34	5:39	6	7:08	33	13:15
Last lap Finish	10.00	54:58	5:29	8	8:36	43	14:48	20.00	1:51:32	5:34	7	15:44	40	28:03