



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Schröder, Jan

Club: GettingTough e.V

Number: 145

Course: 20.00 km

20km Strecke

Category:

Männer (20-29 Jahre)

Total time: 1:51:37

Speed: 10.75 km/h

Running performance: 5:35 min/km

Rank in course/Total: 290 (of 528)

Rank in course/Men: 250 (of 390)

Best time in course: 1:09:23

Rank in category: 29(of 38)

Best time in the category: 1:09:23

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	56:40	5:39	31	21:09	252	21:09	10.00	56:40	5:39	31	21:09	252	21:09
Last lap Finish	10.00	54:57	5:29	30	21:05	259	21:05	20.00	1:51:37	5:34	29	42:14	250	42:14