



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Bauer, Martin

Club: TSV Mönchröden

Number: 474

Course: 20.00 km

20km Strecke

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:20:42

Speed: 14.87 km/h

Running performance: 4:02 min/km

Rank in course/Total: 17 (of 528)

Rank in course/Men: 16 (of 390)

Best time in course: 1:09:23

Rank in category: 6(of 60)

Best time in the category: 1:13:14

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.00	41:39	4:09	8	4:32	20	6:08	10.00	41:39	4:09	8	4:32	20	6:08
Last lap Finish	10.00	39:03	3:54	6	2:56	13	5:11	20.00	1:20:42	4:02	6	7:28	16	11:19