



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Rippel, Markus

Club: SV Normania Treffurt

Number: 465

Course: 20.00 km

20km Strecke

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:20:57

Speed: 14.82 km/h

Running performance: 4:03 min/km

Rank in course/Total: 19 (of 528)

Rank in course/Men: 18 (of 390)

Best time in course: 1:09:23

Rank in category: 3(of 71)

Best time in the category: 1:19:44

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.00	41:33	4:09	3	0:55	19	6:02	10.00	41:33	4:09	3	0:55	19	6:02
Last lap Finish	10.00	39:24	3:56	3	0:18	18	5:32	20.00	1:20:57	4:02	3	1:13	18	11:34