



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Lenz, Gunther

Club: LauffeuerFröttstädt

Number: 540

Course: 20.00 km

20km Strecke

Category:

Senioren M60 (60-64 Jahre)

Total time: 1:54:23

Speed: 10.49 km/h

Running performance: 5:43 min/km

Rank in course/Total: 330 (of 528)

Rank in course/Men: 279 (of 390)

Best time in course: 1:09:23

Rank in category: 8(of 14)

Best time in the category: 1:28:45

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.00	58:31	5:51	8	12:44	293	23:00	10.00	58:31	5:51	8	12:44	293	23:00
Last lap Finish	10.00	55:52	5:35	7	12:54	272	22:00	20.00	1:54:23	5:43	8	25:38	279	45:00