



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Rothämel, Frank

Number: 82

Course: 20.00 km

20km Strecke

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:58:55

Speed: 10.09 km/h

Running performance: 5:57 min/km

Rank in course/Total: 380 (of 528)

Rank in course/Men: 315 (of 390)

Best time in course: 1:09:23

Rank in category: 59(of 71)

Best time in the category: 1:19:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	1:01:15	6:07	62	20:37	331	25:44	10.00	1:01:15	6:07	62	20:37	331	25:44
Last lap Finish	10.00	57:40	5:46	57	18:34	304	23:48	20.00	1:58:55	5:56	59	39:11	315	49:32