



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Tirschmann, Jan

Club: Meininger Drachen

Number: 76

Course: 20.00 km

20km Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 1:59:44

Speed: 10.02 km/h

Running performance: 5:59 min/km

Rank in course/Total: 387 (of 528)

Rank in course/Men: 319 (of 390)

Best time in course: 1:09:23

Rank in category: 53(of 65)

Best time in the category: 1:10:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total min/km	Pos Cat.	Behind Cat.	Total ranking	
						Pos Men	Behind Men	km	Time				Pos Men	Behind Men
Lap 1	10.00	59:25	5:56	47	23:00	299	23:54	10.00	59:25	5:56	47	23:00	299	23:54
Last lap Finish	10.00	1:00:19	6:01	55	26:03	325	26:27	20.00	1:59:44	5:59	53	49:03	319	50:21