



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Jacob, Manuel

Total time: 1:59:55

Number: 146

Speed: 10.01 km/h

Running performance: 6:00 min/km

Course: 20.00 km

Rank in course/Total: 388 (of 528)

20km Strecke

Rank in course/Men: 320 (of 390)

Best time in course: 1:09:23

Category:

Rank in category: 58(of 60)

Senioren M30 (30-34 Jahre)

Best time in the category: 1:13:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	1:02:24	6:14	60	25:17	346	26:53	10.00	1:02:24	6:14	60	25:17	346	26:53
Last lap Finish	10.00	57:31	5:45	56	21:24	300	23:39	20.00	1:59:55	5:59	58	46:41	320	50:32