



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Fuß, Steffen

Club: Rhöner WSV

Number: 381

Course: 20.00 km

20km Strecke

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:54:57

Speed: 10.44 km/h

Running performance: 5:45 min/km

Rank in course/Total: 341 (of 528)

Rank in course/Men: 287 (of 390)

Best time in course: 1:09:23

Rank in category: 37(of 51)

Best time in the category: 1:20:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	57:21	5:44	31	15:59	269	21:50	10.00	57:21	5:44	31	15:59	269	21:50
Last lap Finish	10.00	57:36	5:45	41	18:01	303	23:44	20.00	1:54:57	5:44	37	34:00	287	45:34