



# 27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

## Detailed evaluation

**Prasser, Niels**

Club: SG Motor Arnstadt

Number: 163

Course: 20.00 km

20km Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:00:20

Speed: 9.97 km/h

Running performance: 6:01 min/km

Rank in course/Total: 394 (of 528)

Rank in course/Men: 325 (of 390)

Best time in course: 1:09:23

Rank in category: 55(of 65)

Best time in the category: 1:10:41

### Intermediate times

### Stage score

### Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.00	1:02:19	6:13	57	25:54	342	26:48	10.00	1:02:19	6:13	57	25:54	342	26:48
Last lap Finish	10.00	58:01	5:48	51	23:45	308	24:09	20.00	2:00:20	6:00	55	49:39	325	50:57