



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Attendorf-Sobolewski, Antje

Club: Viernau

Number: 562

Course: 20.00 km

20km Strecke

Category:

Seniorinnen W45 (45-49 Jahre)

Total time: 1:58:22

Speed: 10.14 km/h

Running performance: 5:55 min/km

Rank in course/Total: 374 (of 528)

Rank in course/Women: 63 (of 138)

Best time in course: 1:23:29

Rank in category: 15(of 30)

Best time in the category: 1:35:48

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	10.00	1:00:56	6:05	16	11:30	70	17:37	10.00	1:00:56	6:05	16	11:30	70	17:37
Last lap Finish	10.00	57:26	5:44	14	11:04	59	17:16	20.00	1:58:22	5:55	15	22:34	63	34:53