



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Zuber, Sven

Club: DLRG OG Nienburg

Number: 298

Course: 20.00 km

20km Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:00:14

Speed: 9.98 km/h

Running performance: 6:01 min/km

Rank in course/Total: 392 (of 528)

Rank in course/Men: 324 (of 390)

Best time in course: 1:09:23

Rank in category: 37(of 45)

Best time in the category: 1:17:55

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total		Total		Total		Total ranking	
						Pos Men	Behind Men	km	Time	min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men	
Lap 1	10.00	1:03:24	6:20	40	23:33	354	27:53	10.00	1:03:24	6:20	40	23:33	354	27:53	
Last lap Finish	10.00	56:50	5:41	32	18:46	286	22:58	20.00	2:00:14	6:00	37	42:19	324	50:51	