



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Brückner, Carsten

Club: Sprintsprinter

Number: 45

Course: 20.00 km

20km Strecke

Category:

Senioren M40 (40-44 Jahre)

Total time: 1:52:52

Speed: 10.63 km/h

Running performance: 5:38 min/km

Rank in course/Total: 308 (of 528)

Rank in course/Men: 264 (of 390)

Best time in course: 1:09:23

Rank in category: 35(of 51)

Best time in the category: 1:20:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	59:33	5:57	40	18:11	303	24:02	10.00	59:33	5:57	40	18:11	303	24:02
Last lap Finish	10.00	53:19	5:19	30	13:44	228	19:27	20.00	1:52:52	5:38	35	31:55	264	43:29