



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Nietruk, Matthias

Club: SC Medizin

Number: 66

Course: 20.00 km

20km Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:00:03

Speed: 10.00 km/h

Running performance: 6:00 min/km

Rank in course/Total: 390 (of 528)

Rank in course/Men: 322 (of 390)

Best time in course: 1:09:23

Rank in category: 54(of 65)

Best time in the category: 1:10:41

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.00	1:02:46	6:16	59	26:21	349	27:15	10.00	1:02:46	6:16	59	26:21	349	27:15
Last lap Finish	10.00	57:17	5:43	48	23:01	298	23:25	20.00	2:00:03	6:00	54	49:22	322	50:40