



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Jorks, Silas

Club: VL-33

Number: 409

Course: 20.00 km

20km Strecke

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:59:40

Speed: 10.03 km/h

Running performance: 5:59 min/km

Rank in course/Total: 386 (of 528)

Rank in course/Men: 318 (of 390)

Best time in course: 1:09:23

Rank in category: 60(of 71)

Best time in the category: 1:19:44

Intermediate times

Stage score

Total ranking

| Control | Split km | Split Time | Split min/km | Pos Cat. | Behind Cat. | Stage score | | Total ranking | | | | | | |
|-----------------|-------------|---------------|-----------------|-------------|----------------|-------------|---------------|---------------|---------------|-----------------|-------------|----------------|------------|---------------|
| | | | | | | Pos Men | Behind Men | Total km | Total Time | Total min/km | Pos Cat. | Behind Cat. | Pos Men | Behind Men |
| Lap 1 | 10.00 | 1:00:12 | 6:01 | 59 | 19:34 | 316 | 24:41 | 10.00 | 1:00:12 | 6:01 | 59 | 19:34 | 316 | 24:41 |
| Last lap Finish | 10.00 | 59:28 | 5:56 | 59 | 20:22 | 320 | 25:36 | 20.00 | 1:59:40 | 5:59 | 60 | 39:56 | 318 | 50:17 |