



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Jorks, Silas

Club: VL-33

Number: 409

Course: 20.00 km

20km Strecke

Category:

Senioren M35 (35-39 Jahre)

Total time: 1:59:40

Speed: 10.03 km/h

Running performance: 5:59 min/km

Rank in course/Total: 386 (of 528)

Rank in course/Men: 318 (of 390)

Best time in course: 1:09:23

Rank in category: 60(of 71)

Best time in the category: 1:19:44

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	1:00:12	6:01	59	19:34	316	24:41	10.00	1:00:12	6:01	59	19:34	316	24:41
Last lap Finish	10.00	59:28	5:56	59	20:22	320	25:36	20.00	1:59:40	5:59	60	39:56	318	50:17