



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Wickles, Roland

Club: MaliCrew e.V.

Number: 247

Course: 20.00 km

20km Strecke

Category:

Senioren M30 (30-34 Jahre)

Total time: 1:22:04

Speed: 14.62 km/h

Running performance: 4:06 min/km

Rank in course/Total: 22 (of 528)

Rank in course/Men: 22 (of 390)

Best time in course: 1:09:23

Rank in category: 10(of 60)

Best time in the category: 1:13:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	42:30	4:15	10	5:23	23	6:59	10.00	42:30	4:15	10	5:23	23	6:59
Last lap Finish	10.00	39:34	3:57	9	3:27	20	5:42	20.00	1:22:04	4:06	10	8:50	22	12:41