



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

König, Olaf

Club: GutsMuths RSLV

Number: 411

Course: 20.00 km

20km Strecke

Category:

Senioren M45 (45-49 Jahre)

Total time: 2:01:31

Speed: 9.88 km/h

Running performance: 6:05 min/km

Rank in course/Total: 407 (of 528)

Rank in course/Men: 332 (of 390)

Best time in course: 1:09:23

Rank in category: 57(of 65)

Best time in the category: 1:10:41

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.00	1:01:37	6:09	55	25:12	334	26:06	10.00	1:01:37	6:09	55	25:12	334	26:06
Last lap Finish	10.00	59:54	5:59	54	25:38	321	26:02	20.00	2:01:31	6:04	57	50:50	332	52:08