



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Freitag, Julia

Club: SC DHfK Leipzig

Number: 135

Course: 20.00 km

20km Strecke

Category:

Seniorinnen W35 (35-39 Jahre)

Total time: 1:54:44

Speed: 10.46 km/h

Running performance: 5:44 min/km

Rank in course/Total: 336 (of 528)

Rank in course/Women: 53 (of 138)

Best time in course: 1:23:29

Rank in category: 9(of 30)

Best time in the category: 1:38:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	10.00	1:00:47	6:04	14	9:16	69	17:28	10.00	1:00:47	6:04	14	9:16	69	17:28
Last lap Finish	10.00	53:57	5:23	7	7:30	35	13:47	20.00	1:54:44	5:44	9	16:03	53	31:15