



# 27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

## Detailed evaluation

**Zabel, Werner**

Club: LAV Haleensia e.V.

Number: 468

Course: 20.00 km

20km Strecke

Category:

Senioren M55 (55-59 Jahre)

Total time: 2:03:17

Speed: 9.73 km/h

Running performance: 6:10 min/km

Rank in course/Total: 418 (of 528)

Rank in course/Men: 337 (of 390)

Best time in course: 1:09:23

Rank in category: 22(of 27)

Best time in the category: 1:30:14

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	1:03:22	6:20	25	17:22	353	27:51	10.00	1:03:22	6:20	25	17:22	353	27:51
Last lap Finish	10.00	59:55	5:59	21	15:41	322	26:03	20.00	2:03:17	6:09	22	33:03	337	53:54