



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Koch, Jana

Total time: 1:50:02

Number: 58

Speed: 10.91 km/h

Running performance: 5:30 min/km

Course: 20.00 km

Rank in course/Total: 269 (of 528)

20km Strecke

Rank in course/Women: 33 (of 138)

Best time in course: 1:23:29

Category:

Rank in category: 7(of 30)

Seniorinnen W35 (35-39 Jahre)

Best time in the category: 1:38:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	10.00	56:04	5:36	7	4:33	32	12:45	10.00	56:04	5:36	7	4:33	32	12:45
Last lap Finish	10.00	53:58	5:23	8	7:31	37	13:48	20.00	1:50:02	5:30	7	11:21	33	26:33