



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Arnold, Êckhard

Club: Harzer Roller Club

Number: 530

Course: 20.00 km

20km Strecke

Category:

Senioren M55 (55-59 Jahre)

Total time: 2:05:12

Speed: 9.58 km/h

Running performance: 6:16 min/km

Rank in course/Total: 434 (of 528)

Rank in course/Men: 342 (of 390)

Best time in course: 1:09:23

Rank in category: 23(of 27)

Best time in the category: 1:30:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	1:02:31	6:15	22	16:31	347	27:00	10.00	1:02:31	6:15	22	16:31	347	27:00
Last lap Finish	10.00	1:02:41	6:16	23	18:27	346	28:49	20.00	2:05:12	6:15	23	34:58	342	55:49