



# 27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

## Detailed evaluation

Heidel, Sebastian

Number: 108

Course: 20.00 km

20km Strecke

Category:

Senioren M35 (35-39 Jahre)

Total time: 2:06:19

Speed: 9.50 km/h

Running performance: 6:19 min/km

Rank in course/Total: 442 (of 528)

Rank in course/Men: 348 (of 390)

Best time in course: 1:09:23

Rank in category: 64(of 71)

Best time in the category: 1:19:44

### Intermediate times

### Stage score

### Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	1:02:14	6:13	63	21:36	340	26:43	10.00	1:02:14	6:13	63	21:36	340	26:43
Last lap Finish	10.00	1:04:05	6:24	63	24:59	354	30:13	20.00	2:06:19	6:18	64	46:35	348	56:56