



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Deinhard, Jens-Uwe

Club: Laufburschen Ilmenau

Number: 439

Course: 20.00 km

20km Strecke

Category:

Senioren M50 (50-54 Jahre)

Total time: 2:07:15

Speed: 9.43 km/h

Running performance: 6:22 min/km

Rank in course/Total: 453 (of 528)

Rank in course/Men: 352 (of 390)

Best time in course: 1:09:23

Rank in category: 42(of 45)

Best time in the category: 1:17:55

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.00	1:01:25	6:08	38	21:34	332	25:54	10.00	1:01:25	6:08	38	21:34	332	25:54
Last lap Finish	10.00	1:05:50	6:34	44	27:46	361	31:58	20.00	2:07:15	6:21	42	49:20	352	57:52