



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Lindwedel, Eckart

Club: Pöyry

Number: 322

Course: 20.00 km

20km Strecke

Category:

Senioren M55 (55-59 Jahre)

Total time: 2:10:03

Speed: 9.23 km/h

Running performance: 6:30 min/km

Rank in course/Total: 469 (of 528)

Rank in course/Men: 362 (of 390)

Best time in course: 1:09:23

Rank in category: 25(of 27)

Best time in the category: 1:30:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	1:03:18	6:19	24	17:18	352	27:47	10.00	1:03:18	6:19	24	17:18	352	27:47
Last lap Finish	10.00	1:06:45	6:40	26	22:31	369	32:53	20.00	2:10:03	6:30	25	39:49	362	1:00:40