



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Dehmel, Gerhard

Club: ThwV Ilmenau

Number: 274

Course: 20.00 km

20km Strecke

Category:

Senioren M75 (75-79 Jahre)

Total time: 2:11:54

Speed: 9.10 km/h

Running performance: 6:36 min/km

Rank in course/Total: 480 (of 528)

Rank in course/Men: 368 (of 390)

Best time in course: 1:09:23

Rank in category: 1(of 2)

Best time in the category: 2:11:54

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	1:06:21	6:38	1	-	367	30:50	10.00	1:06:21	6:38	1	-	367	30:50
Last lap Finish	10.00	1:05:33	6:33	1	-	359	31:41	20.00	2:11:54	6:35	1	-	368	1:02:31