



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Ratzlow, Cordula

Club: Kath. Laufjugend ARN

Number: 557

Course: 20.00 km

20km Strecke

Category:

Frauen (20-29 Jahre)

Total time: 2:12:28

Speed: 9.06 km/h

Running performance: 6:37 min/km

Rank in course/Total: 484 (of 528)

Rank in course/Women: 114 (of 138)

Best time in course: 1:23:29

Rank in category: 11(of 12)

Best time in the category: 1:23:29

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	10.00	1:08:01	6:48	11	24:42	121	24:42	10.00	1:08:01	6:48	11	24:42	121	24:42
Last lap Finish	10.00	1:04:27	6:26	11	24:17	106	24:17	20.00	2:12:28	6:37	11	48:59	114	48:59