



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Völker, Thomas

Number: 221

Course: 20.00 km

20km Strecke

Category:

Senioren M55 (55-59 Jahre)

Total time: 2:18:03

Speed: 8.69 km/h

Running performance: 6:54 min/km

Rank in course/Total: 496 (of 528)

Rank in course/Men: 377 (of 390)

Best time in course: 1:09:23

Rank in category: 26(of 27)

Best time in the category: 1:30:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	1:07:12	6:43	26	21:12	370	31:41	10.00	1:07:12	6:43	26	21:12	370	31:41
Last lap Finish	10.00	1:10:51	7:05	27	26:37	378	36:59	20.00	2:18:03	6:54	26	47:49	377	1:08:40