



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Ittig, Steffen

Total time: 2:20:37

Number: 277

Speed: 8.53 km/h

Running performance: 7:02 min/km

Course: 20.00 km

Rank in course/Total: 502 (of 528)

20km Strecke

Rank in course/Men: 381 (of 390)

Best time in course: 1:09:23

Category:

Rank in category: 60(of 60)

Senioren M30 (30-34 Jahre)

Best time in the category: 1:13:14

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	1:01:54	6:11	59	24:47	337	26:23	10.00	1:01:54	6:11	59	24:47	337	26:23
Last lap Finish	10.00	1:18:43	7:52	60	42:36	383	44:51	20.00	2:20:37	7:01	60	1:07:23	381	1:11:14