



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

König, Stephan

Total time: 1:23:08

Number: 193

Speed: 14.43 km/h

Running performance: 4:10 min/km

Course: 20.00 km

Rank in course/Total: 26 (of 528)

20km Strecke

Rank in course/Men: 26 (of 390)

Best time in course: 1:09:23

Category:

Rank in category: 3(of 51)

Senioren M40 (40-44 Jahre)

Best time in the category: 1:20:57

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	42:40	4:15	3	1:18	25	7:09	10.00	42:40	4:15	3	1:18	25	7:09
Last lap Finish	10.00	40:28	4:02	3	0:53	25	6:36	20.00	1:23:08	4:09	3	2:11	26	13:45