



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Sander, Sabine

Total time: 2:23:57

Number: 433

Speed: 8.34 km/h

Running performance: 7:12 min/km

Course: 20.00 km

Rank in course/Total: 504 (of 528)

20km Strecke

Rank in course/Women: 123 (of 138)

Best time in course: 1:23:29

Category:

Rank in category: 12(of 14)

Seniorinnen W50 (50-54 Jahre)

Best time in the category: 1:43:50

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Women	Behind Women	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Women	Behind Women
Lap 1	10.00	1:12:38	7:15	12	19:30	126	29:19	10.00	1:12:38	7:15	12	19:30	126	29:19
Last lap Finish	10.00	1:11:19	7:07	13	20:37	124	31:09	20.00	2:23:57	7:11	12	40:07	123	1:00:28