



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Heinz, Christian

Total time: 2:25:02

Number: 285

Speed: 8.27 km/h

Running performance: 7:15 min/km

Course: 20.00 km

Rank in course/Total: 509 (of 528)

20km Strecke

Rank in course/Men: 383 (of 390)

Best time in course: 1:09:23

Category:

Rank in category: 64(of 65)

Senioren M45 (45-49 Jahre)

Best time in the category: 1:10:41

Intermediate times

Stage score

Total ranking

Control	Split km	Split Time	Split min/km	Pos Cat.	Behind Cat.	Stage score		Total ranking						
						Pos Men	Behind Men	Total km	Total Time	Total min/km	Pos Cat.	Behind Cat.	Pos Men	Behind Men
Lap 1	10.00	1:14:16	7:25	64	37:51	385	38:45	10.00	1:14:16	7:25	64	37:51	385	38:45
Last lap Finish	10.00	1:10:46	7:04	64	36:30	377	36:54	20.00	2:25:02	7:15	64	1:14:21	383	1:15:39