



27. Rennsteig Herbstlauf

Masserberg / 01.10.2017

Detailed evaluation

Ellerkamm, Jürgen

Club: GutsMuths RSLV

Number: 355

Course: 20.00 km

20km Strecke

Category:

Senioren M75 (75-79 Jahre)

Total time: 2:27:36

Speed: 8.13 km/h

Running performance: 7:23 min/km

Rank in course/Total: 513 (of 528)

Rank in course/Men: 384 (of 390)

Best time in course: 1:09:23

Rank in category: 2(of 2)

Best time in the category: 2:11:54

Intermediate times

Stage score

Total ranking

Control	Split	Split	Split	Pos	Behind	Pos	Behind	Total	Total	Total	Pos	Behind	Pos	Behind
	km	Time	min/km	Cat.	Cat.	Men	Men	km	Time	min/km	Cat.	Cat.	Men	Men
Lap 1	10.00	1:08:20	6:49	2	1:59	376	32:49	10.00	1:08:20	6:49	2	1:59	376	32:49
Last lap Finish	10.00	1:19:16	7:55	2	13:43	384	45:24	20.00	2:27:36	7:22	2	15:42	384	1:18:13